



Shoulder and Elbow Update

October 15-16, 2022

Valley Forge Casino Hotel and Resort

King of Prussia, PA



COURSE OBJECTIVES:

Upon completion of this course, participants will have gained the ability to provide a differential diagnosis evaluation, prognosis and intervention for various shoulder and elbow disorders.

Participants will be able to:

- Use the latest evidence to conduct a complete evaluation of the shoulder and elbow, as well as document treatment outcomes.
- Understand and utilize the most current evidence in understanding the pathogenesis, diagnosis, and management of various shoulder and elbow disorders.
- Develop hands-on evaluation and treatment skills.

Accreditation Information:

Pennsylvania State Board of Physical Therapy (15 hours (6.0 GEN, 9.0 DA) - #PTPR015545)

Pennsylvania State Board of Occupational Therapy (15 hours)

New Jersey State Board of Physical Therapy Examiners (15 hours #2209-21)

Maryland Board of Physical Therapy Examiners (15 hours - #2022-1006)

Course Chairs:

Gerald R. Williams, MD
Matthew L. Ramsey, MD
David L. Glaser, MD
Martin J. Kelley, PT, DPT, OCS
Brian G. Leggin, PT, DPT, OCS

Course Faculty

David Ebaugh, PT, PhD
Noel Goodstadt, PT, DPT, OCS
Joseph Kearns, PT, DPT, OCS
Andrew F. Kuntz, MD
Brian Cammarota, DPT, ATC
Jane Fedorczyk, PT, PhD, CHT
Angela R. Tate, PT, PhD, Cert. MDT
Stephen J. Thomas, PhD, ATC
Brian Eckenrode, PT, PhD, OCS
James Arnone, PT, DPT, Cert. MDT
William A. Clark, PT, MSc
Michelle Little, PT, DPT
Karen Havlicsek, PTA

**Shoulder and Elbow Update
Day 1
October 15, 2022**

Time	Topic	Moderator - Gerald Williams
6:45 am	Check-in - Continental Breakfast	Speaker
7:55 am	Welcome & Introductions	Gerald R. Williams, Jr., MD
8:00 am	Anatomy of the Shoulder	David Ebaugh, PT, PhD Noel Goodstadt, PT, DPT, OCS
8:30 am	Natural History, Examination, and Differential Diagnosis of Rotator Cuff Disease	Martin J. Kelley, PT, DPT, OCS
9:00 am	Non-operative Management of Rotator Cuff Disease	Martin J. Kelley, PT, DPT, OCS
9:30 am	Rotator Cuff Repair based on Differential Diagnosis: Decision Making, Technique, New Advances	David L. Glaser, MD
10:10 am	Break	Moderator - Matthew Ramsey
10:30 am	Evidence Based Rehabilitation following Rotator Cuff Repair: When Should We Start and How What Should We Do?	Brian G. Leggin, PT, DPT, OCS
11:00 am	Shoulder Arthroplasty: Conventional vs. Reverse - Decision Making, Patient Selection, Implant Design	Gerald R. Williams, Jr., MD
11:40 am	Rehabilitation Following Conventional and Reverse Arthroplasty	Joseph Kearns, PT, DPT, OCS
12:00 noon	Case Presentations and Discussion	Ebaugh, Goodstadt, Ramsey, Kelley, Glaser, Leggin, Williams, Kearns
12:30 pm	Lunch	Moderator - David Glaser
1:30 pm	The Spectrum of Shoulder Instability and SLAP Lesions	Matthew L. Ramsey, MD
2:00 pm	Surgical Management of Instability and SLAP Lesions	Gerald R. Williams, Jr., MD
2:30 pm	Rehabilitation of Shoulder Instability and SLAP Lesions	Brian G. Leggin, PT, DPT, OCS
3:00 pm	Break	Moderator - Brian Leggin
3:20 pm	Pathophysiology and Surgical Management of Frozen Shoulder	Andrew F. Kuntz, MD
4:00 pm	Guidelines for Rehabilitation of Frozen Shoulder	Martin J. Kelley, PT, DPT, OCS
4:30 pm	Case Presentations and Discussion	Sennett, Williams, Leggin, Kuntz, Kelley
5:00 pm	Adjourn	

Shoulder and Elbow Update
Day 2
October 16, 2022

Time	Topic	Moderator - Andrew Kuntz
7:00 am	Continental Breakfast	Speaker
8:00 am	Scapular Disorders: An Algorithm for Evaluation and Management	Martin J. Kelley, PT, DPT, OCS
8:30 am	Elbow Instability and Ulnar Collateral Ligament Injuries: Differential Diagnosis and Surgical Management	Matthew L. Ramsey, MD
9:00 am	Rehabilitation of UCL Reconstruction	Brian Cammarota, DPT, ATC
9:20 am	Differential Diagnosis, Classification and Management of Proximal Humerus and Scapular Fractures	David L. Glaser, MD
9:50 am	Rehabilitation of Shoulder Girdle Fractures	Brian G. Leggin, PT, DPT, OCS
10:10 am	Break	Moderator - Brian Leggin
10:30 am	Differential Diagnosis, Pathogenesis and Management of Elbow Epicondylitis and Tendinosis	Andrew Kuntz, MD
10:50 am	Rehabilitation of Elbow Epicondylitis and Tendinosis	Jane Fedorczyk, PT, PhD, CHT
11:10 am	Fractures about the Elbow: Differential Diagnosis, Indications for Surgery and Goals of Surgical Management	Matthew L. Ramsey, MD
11:40 am	Rehabilitation Principles Following Elbow Fracture	Jane Fedorczyk, PT, PhD, CHT
12:00 pm	Panel Discussion	
12:30 pm	Lunch	
1:30 - 3:00 and 3:15 - 4:45 pm	Concurrent Workshops	2 90-minute sessions Participants will attend 2
	Workshop 1: Clinical Examination of the Shoulder	Brian Leggin, Matthew Ramsey, David Glaser, Andy Kuntz, Gerald Williams
	Workshop 2: Manual Techniques for the Shoulder and Elbow	Martin Kelley, Will Clark, Joseph Kearns
	Workshop 3: Kinetic Chain Approach to the Overhead Athlete's Shoulder: Baseball, Swimming, Volleyball, Tennis	Angela Tate, Stephen Thomas, Brian Eckenrode
	Workshop 4: Instrumented Assisted Soft Tissue Mobilization for the Shoulder and Elbow	James Arnone, Michele Little, Karen Havlicsek
	Workshop 5: Clinical Decision Making in the Rehabilitation of Elbow Disorders	Jane Fedorczyk
5:00 pm	Adjourn	